

REGIONAL FORUM SERIES



2019 Regional Forum Series

Beyond the Blues:

Mental Health Challenges

Across the Perinatal Spectrum

Presented by the Wisconsin Association for Perinatal Care

Southcentral Region

September 12, 2019

4:00 pm – 7:00 pm

St Mary's Hospital
Conference Room 1
700 S Park St
Madison, WI 53715

📍 [View directions here.](#)

Northcentral Region

October 14, 2019

5:00 pm – 8:00 pm

Northcentral Technical College
1000 W Campus Dr
Wausau, WI 54401

📍 [View directions here.](#)

Western Region

September 19, 2019

5:30 pm – 8:30 pm

Mayo Clinic Health System
Marycrest Auditorium
700 West Ave S
La Crosse, WI 54601

📍 [View directions here.](#)

Northwest Region

October 15, 2019

5:30 pm – 8:30 pm

Northern Great Lakes
Visitor Center
29270 Co Hwy G
Ashland, WI 54806

📍 [View directions here.](#)

Northeast Region

September 24, 2019

5:00 pm – 8:00 pm

Aurora Baycare Orthopedic
& Sports Medicine Center
1160 Kepler Dr
Green Bay, WI 54311

📍 [View directions here.](#)

Fox Valley Region

October 23, 2019

5:00 pm dinner

5:30 pm – 8:30 pm

Ascension NE Wisconsin
St Elizabeth Hospital
Fowler Conference Room 1
1506 S Oneida St
Appleton, WI 54915

📍 [View directions here.](#)

Southeast Region

October 8, 2019

7:30 am – 10:30 am

Wheaton Franciscan Healthcare
Ascension Wauwatosa Campus
Room 5A, B, C
201 N Mayfair Rd
Wauwatosa, WI 53226

📍 [View directions here.](#)

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About this Regional Forum

Perinatal mood disorders are the number one medical complication of childbirth. While many know that 1 in 7 mothers experience postpartum depression, mental health challenges affect women and families from preconception through the first year after birth. Our goal is to bring together perinatal professionals and others interested in perinatal health to discuss the importance of early detection; to learn about the impact mental health challenges can have on children and families; and to identify provider and patient resources.

Purpose

The regional forums will focus on strategies for improving outcomes for women and families with mental health challenges during the perinatal period.

Intended Audience

Those who want to assist women and their families with mental health challenges during the perinatal period, including:

- Community-based organizations providing support for women and families affected by mental health challenges during the perinatal period
- Home visitors
- Nurses, including those in inpatient and outpatient settings
- Nurse midwives
- Medical assistants and other front-line clinic staff
- Mental health professionals
- Pharmacists
- Physicians, including OB/GYN, family practice, and neonatal/pediatric
- Prenatal Care Coordination (PNCC) providers
- Public health professionals
- Social workers
- Supportive community members

Objectives

At the conclusion of the program, participants will be able to:

- Implement screening protocols for anxiety and depression in their workplace during the prenatal as well as the postpartum period.
- Identify local, state, and national resources to assist women with mental health challenges during the perinatal period as well as their families.

Learning Outcomes

At the conclusion of the program, participants will:

- Incorporate one new mental health screening tool into their practice.
- Identify one new resource for women, families, and/or children impacted by mental health challenges.

Faculty

Faculty at the Regional Forum Series will vary by site and will include members of the Planning Committee. Conflicts of interest for faculty members will be included in the materials for each forum.

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Registration

Online Registration: To ensure adequate space and materials, please complete the [online registration form here](#).

All registration for this event is online.

Registration Fees:

\$40 for WAPC members

\$60 for non-members

\$30 for full-time student WAPC members

\$45 for full-time student non-members

Refreshments: A light meal may be served prior to or following the program. Specific information about refreshments and/or meal availability will be emailed to registrants prior to the forum.

Directions: To find directions to each forum, visit the website listed on the front page of this brochure. If you have any questions about registration, please contact Barb Wienholtz at (608) 285-5858 or email wapc@perinatalweb.org.

Continuing Education

The Wisconsin Association for Perinatal Care (WAPC) is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

WAPC designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

WAPC is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This program meets the criteria for a maximum of 3.0 contact hours.

Acknowledgements

These regional forums are possible because of a collaborative relationship between WAPC and the WAPC Regional Organizations. These forums are funded in part by the Wisconsin Department of Health Services and the Perinatal Foundation.

REGIONAL FORUM SERIES



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